



## Music Exchange - floor work

Track	Good for:-	Artist/CD	Recommended by:-	Length of track	bpm
Haven't met you yet	Spine work	Michael Buble/Crazy Love	Kim Davis	4.04	123
Caravan of Dreams	Floorwork	Peter White/Caravan of dreams	Val Augustine	6.00	96
In love	Floorwork	Asha/Fiery moon	Janice Gronow	6.52	98
Sunny side of the street	Floor work	Rod Stewart/Great American Songbook Vol V	NW group	2.56	131
Give it away Floor work	Floor work	Zero 7/Simple things	NW group	5.17	104
The othe woman	Floor work	Caro Emerald/Deleted scenes from a cutting room floor	NW group	5.33	114
When you tell me that you love me (on Amazon but not i-tunes)	Floor work	Richard Clayderman & James Last/ The very best of....	NW group		
Run away	Abdominals	Ronan Hardiman/Anthem	High Wycombe group	4.54	120
Banana Boat Song	Abdominals	Labi Siffre	High Wycombe group		
Rain Man theme	Abdominals	Hans Zimmer/The wings of a film	High Wycombe group	5.05	126
Rumi's inspiration	Spines	Behzard/Strings of desire	High Wycombe group	6.02	133
All the love in the world	Spines	Dionne Warwick/Ultimate soul	High Wycombe group	3.29	94
Boys and girls	Spines	Pixie Lott/Boys and Girls	High Wycombe group	3.04	130
Morning dance	Spines	Spyro Gyra/The very best of Spyro Gyra	High Wycombe group	4.16	104
First Dance	Stretches, posture,	Jim Brickman/Ultimate Most relaxing Music in the Universe	Val Augustine	3.03	47
It's your voodoo working	Stretches	Imelda May/Love Tattoo	Suzie France	3.12	122
Circle of chalk	Stretching	Llewellyn/Pilates	Janice Gronow	7.46	97