

## Torquay refresher course February 2010



Have you ever wondered what your teacher does at these courses?  
Do you think it is an opportunity to wind down at a nice hotel, relax and chill?  
How wrong could you be!!

Starting on Friday afternoon, we enjoyed 2 fabulous classes before supper at 7pm. We then had a discussion meeting until 9.30. These sessions are vital to share information, ideas and discuss issues and we were lucky to have Peter Hobden and Bob Jones from Council on hand to answer questions.

Saturday dawned clear and cold. Classes continued from 9.15 – 5pm, working on personal performance, IT skills, developing new teaching techniques and introducing new class work ideas. We also had a brilliant session with a specialist osteoporosis physio who gave us all many ideas for helping class members who suffer from this debilitating condition.

We can't wait for our show on the 17th April at the Royal Albert Hall and Saturday evening was spent looking at items from the last 20 years of the event - what fantastic work we have in our library. How lucky we are to be able to use all this work as a springboard for class ideas. This year's show will be equally professional and we are sure you will really enjoy the experience. Don't forget to buy your ticket from your teacher!

Sunday saw us back in class from 9.15 - 3.15 rehearsing the teachers' item for the show among other activities. This has been a major undertaking for Margaret McAllister. How exactly do you train ALL teachers throughout the country to be part of this fabulous Tribute? What a challenge!

We left Torquay tired but enthusiastic after another great course. You will see the benefits of our course training in the coming months in your weekly classes. Every teacher will adapt the work differently - that is the beauty of the Bagot Stack system, but you can rest assured that the principles set down by our founder will be used to great effect and we are sure you will feel the benefit.

Here's to the next course in Lilleshall in August!